

## Benefice News

This week I am so grateful for lovely colleagues and our church families who have stepped in to help when I tested positive for Covid on Tuesday. We are very fortunate to have such a great team who are covering baptisms (thanks Phil), Sunday services (thanks Jonathan and Olive), YouTube/Red Kite service (thanks Harriet) schools ministry (thanks Open the Book team), and who have offered our family support as we have isolated (thanks churchwardens and church families). I have been feeling fairly awful for a couple of days (despite being double vaccinated) so I encourage us all to continue to take sensible precautions as we go about our daily lives.

Our Benefice Study groups met on Monday to look at 'pausing and rejoicing' in prayer, which is session two of the course. Grieg looks at the importance of pausing and stilling ourselves as part of our prayer lives, which is something that all of us struggle with as we go about our busy lives. He encourages us to use a 'centring prayer':

1. Find somewhere comfortable to sit, back well supported, feet flat on the floor, hands comfortably in your lap.
2. Begin with three deep breaths in through the nose and out through the mouth then move to breathing normally.
3. As you breath in and out you may like to include a prayer word or phrase such as 'our father in heaven' on the in breath and 'hallowed be your name' on the out breath.
4. Do this for a few minutes and then move into your normal prayer time or you may like to continue like this for longer as your prayer time.

Don't worry if you get distracted as this is normal just refocus your mind on your breathing, the feel of your feet on the floor or your prayer word or phrase.

### 'How to Pray: a guide for normal people' study group

Next sessions: 18th Oct 8pm and 1st Nov 4pm. Please see the zoom details below:

Topic: Benefice Study Group

Join Zoom Meeting

<https://us02web.zoom.us/j/86200968979?pwd=ZFpleGVYdVJpcHBbkdCV0paYWIFZz09>

Meeting ID: 862 0096 8979

Passcode: 258413

**BELONG - BELIEVE - BUILD - WITH CHRIST AS THE CORNERSTONE**



Parish of Stone, Dinton and Hartwell

Churches of: St. John Baptist, STONE; Ss Peter & Paul, DINTON; Assumption of St. Mary the Virgin, HARTWELL  
[www.stonedintonhartwell.com](http://www.stonedintonhartwell.com)



# St. John the Baptist STONE

## Sunday 17<sup>th</sup> October

**9:00am Matins**

*Leaders: David Pickup*

**10:30am Morning Worship**

*Leaders: David Pickup*

Dear All,

Here is the link for the online service:

[www.stonedintonhartwell.com/wychert-vale-benefice-youtube-videos/](http://www.stonedintonhartwell.com/wychert-vale-benefice-youtube-videos/)

**Cassa**

Reverend Cassa Messervy

Rector of the Wychert Vale Benefice

<https://www.wychertvale.org>

This Week

|                           |                |   |
|---------------------------|----------------|---|
| Tuesday 19 <sup>th</sup>  | 19:30          | Choir Practice - Methodist Chapel,<br>Eythrope Road |
| Saturday 23 <sup>rd</sup> | 10:30<br>11:00 | Choir Practice – SJB<br>Churchyard Tidy             |
| Sunday 24 <sup>th</sup>   | 10:30          | Family Service with Baptism                         |

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## Facilities Update

The facilities work is about to begin!  
The contractors will be on site from 25th October for approximately 14 weeks. At the start of the work there will be some disruption to the access from Churchway and so please use the other entrances on Bishopstone Road when attending church. If you need any help using these paths then please ask and we will arrange for someone to be there for you.



Please take care and keep clear of the work areas.  
This is a very exciting time as we have waited so long for this work to start so please bear with us as we look forward to our new facilities.  
SJB Fabric Committee

## Churchyard Questionnaire

St John The Baptist Fabric Committee are looking at the churchyard and found that many grant making bodies want to know the meaning and benefit of the churchyard to the whole community, this is where YOU come in.

Please complete our survey either on the [website](#) or a paper copy from the porch, also please tell your neighbours and friend by taking copies to hand out.  
Completed surveys should be handed in at church or placed in the post-box in the porch.  
Our hope is to gain information and support to produce a good project proposal and apply for grants to finance the work which is needed.

## Churchyard Winter Preparation

We would like to have work party on the 23rd October to get the churchyard ready for the winter.  
This would include weeding, pruning, strimming, raking, mowing etc.  
If you can spare some time to help get the churchyard sorted before the facilities work gets started, please come along on Saturday. Any help is greatly appreciated.

**BELONG - BELIEVE - BUILD - WITH CHRIST AS THE CORNERSTONE**

DO YOU:  
KNIT; SEW; EMBROIDER; MAKE CAKES; CARVE; PAINT  
or have other craft hobbies ?

WOULD YOU:  
enjoy a market for your wares ?  
AND WOULD YOU  
like to help the Charity

**EPILEPSY RESEARCH UK ?**

ANSWER: **YES !**

Then bring your craft items along to the  
**CRAFT MARKET COFFEE MORNING**  
@ METHODIST CHAPEL, Eythrope Road, Stone  
**SATURDAY 27th NOVEMBER**  
**10 a.m. - 1 p.m.**

Price your wares - keep 90% : donate 10% of sales  
[Booking appreciated – email [royandsue1@btinternet.com](mailto:royandsue1@btinternet.com)]

*and CUSTOMERS – would you enjoy the chance to buy  
something hand-made : a treat for yourself or a present with a difference?  
Come along to browse, buy and chat  
while enjoying COFFEE AND MINCE PIES*

*Remember the date :  
SATURDAY 27th NOVEMBER : 10 – 1  
METHODIST CHAPEL, Eythrope Road, HP17 8PG*

**BELONG - BELIEVE - BUILD - WITH CHRIST AS THE CORNERSTONE**